




HORSE FIRST[®] SUPPLEMENTS


RelaxMe *Tips*


Horseman's Tips...For the best results when using **RelaxMe**
“The Secret is in the Loading”.

 For the first 5 to 10 days give from 2 to 4 scoops morning and night, depending on how nervous, sharp, difficult or spooky your horse or pony is.

 Normally around day 7 (if not before) you will start to see and feel the improvement in your horse's behaviour and attitude.

 At this point you can start to reduce the amounts in the morning and night feeds down to a training or maintenance level depending on the horse or pony.

 When preparing to travel, going to a show or trying something different where you think you horse will become nervous, uptight or tense etc. You can pre-empt this in two ways – by increasing your daily serving of **RelaxMe** for a couple of days before you need it, or with our handy syringe of **RelaxMeNOW**. Give one 30ml serving as a booster two hours before competition, travel or events. It is most effective when used in conjunction with your daily **RelaxMe** powder.

 With **RelaxMe** you will learn what works best for your horse by increasing and lowering the serving according to your horse's individual demands. Remember “no-one knows your horse or pony better than you”.



Any questions, any time, please contact us:

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